

Smartwool Size Chart

Men's

	Small	Medium	Large	X Large	XX Large	How to Measure
Chest	36-38	39-41	42-45	46-49	50-52	Slightly Below underarm, around the fullest part of the chest and back circumference
Sleeve	31-32	32-33	34-35	35-36	37-37.5	From the middle of the back of neck to wrist - elbow slightly bent
Waist	29-30	31-33	34-36	37-39.5	40-43	Wherever you like to wear your pants - loosely around the circumference of that area
Inseam	29-32	30-33	31-34	32-35	32-35	Take a pant you like the length - from crotch seam to bottom of leg

Women's

	X Small	Small	Medium	Large	X Large	How to Measure
USA Size	2	4-6	8-10	12-14	16	For Body type reference
Chest	32-34	34-35	36-38	39-40	41-42	Slightly Below underarm, around the fullest part of the chest and back circumference
Sleeve	30-31	31-32	32-33	33-34	34-35	From the middle of the back of neck to wrist - elbow slightly bent
Waist	24-25	26-27	28-30	31-33	33.5-34	Wherever you like to wear your pants - loosely around the circumference of that area
Hip	34-35	36-37	38-40	40.5-42	43-44	Feet together - around fullest part of hip circumference
Inseam	27-30	28-31	29-32	30-32.5	30-32.5	Take a pant you like the length - from crotch seam to bottom of leg

Socks

Adult Sizes	US Men	US Women	Euro	UK
Small	N/A	4-6.5	34-37	2-4.5
Medium	6-8.5	7-9.5	38-41	5-7.5
Large	9-11.5	10-12.5	42-45	8-10.5
X Large	12-14.5	N/A	46-49	11-13.5